



BLEACH BATHS

1. Bleach baths help reduce the bacteria that can cause your skin to be infected.
2. Take a bleach bath two to three times a week, or as your physician directs.
3. To make a bleach bath, pour $\frac{1}{2}$ cup bleach (any brand) per 40 gallons of water (a standard bathtub filled to the overflow valve is 40-50 gallons)
4. Soak in the bleach solution for 5-10 minutes.
5. Gently blot skin dry with a towel. Use a fresh towel for each bath. To avoid ruining a colored towel with the bleach solution, use a white or an old towel or rinse off using the shower.

For more information

<http://www.time.com/time/health/article/0,8599,1894149,00.html>

<http://aapgrandrounds.aappublications.org/content/21/1/3.full>